

# SPECIAL DIET STATEMENT

## For a Participant *with* a Disability

This Special Diet Statement is ONLY for a participant *with* a disability that affects diet. This form must be:

- Thoroughly completed and signed by a licensed physician.
- Submitted to the school before any meal modifications will be made in the United States Department of Agriculture Child Nutrition Programs.
- Updated whenever the participant's diagnosis or special diet changes.

### PART 1: PARTICIPANT INFORMATION

#### PARENT/GUARDIAN MUST COMPLETE. PLEASE PRINT

Participant's Name: Last / First / Middle Initial Today's Date

Name of School Attending Date of Birth

Parent/Guardian Name: Home Phone Number Work/Cell Phone Number

Parent/Guardian Address City State Zip Code

**Meals or Snacks to be eaten at school: (Circle all that apply)** Breakfast Lunch Snack

Parent/Guardian Signature  
OR Adult Student Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Note to Parent(s)/Guardian(s)/Participant: You may authorize the school to clarify this Special Diet Statement with the physician by signing the Voluntary Authorization section at the end of this form.**

### PART 2: PARTICIPANT STATUS

#### LICENSED PHYSICIAN MUST COMPLETE. PLEASE PRINT.

**Participant has a disability and requires a special diet or food accommodation.**

An individual with a disability is described under Section 504 of the Rehabilitation Act (1973) and the Americans with Disabilities Act (ADA) as a person who has a physical or mental impairment that substantially limits one or more major life activities.

**Refer to the document titled *Special Diet Statement Guidance* for definitions of "Disability" and "major life activities" which is included with this form.**

1. Identify the participant's disability: \_\_\_\_\_ and/or

Identify food allergy that is life-threatening/anaphylactic (considered a disability): \_\_\_\_\_

2. Identify the "major life activities" affected by the disability: \_\_\_\_\_

3. Describe how the disability restricts the participant's diet: \_\_\_\_\_

\_\_\_\_\_

**PART 3: DIETARY ACCOMMODATION**

**FOODS TO BE OMITTED AN FOODS TO BE SUBSTITUTED / OTHER INSTRUCTIONS**

**LICESNSED PHYSICIAN MUST COMPLETE. PLEASE PRINT**

List specific foods to be omitted and substituted. You may attach a sheet with additional information.

FOODS TO BE OMITTED	FOODS TO BE SUBSTITUTED

•**Texture Modification:** Pureed      Ground      Bite-sized pieces      Other (specify): \_\_\_\_\_

•**Tube Feeding:** Formula Name: \_\_\_\_\_

Administering Instructions: \_\_\_\_\_

Oral Feeding:    No    Yes If Yes, specify foods: \_\_\_\_\_

•**Other Dietary Modifications OR Additional Instructions (describe):**

•**Infant Feeding Instructions (if applicable):**

**SIGNATURE OF LICENSED PHYSICIAN LICENSED PHYSICIAN MUST SIGN AND RETAIN A COPY DOCUMENT**

Licensed Physician Name/Credentials (print): \_\_\_\_\_

Licensed Physician Signature: \_\_\_\_\_      Date: \_\_\_\_\_

Clinic/Hospital Name: \_\_\_\_\_

Office Phone: \_\_\_\_\_

Office Fax: \_\_\_\_\_

## **VOLUNTARY AUTHORIZATION**

**A PARENT/GUARDIAN/PARTICIPANT MAY CHOOSE TO COMPLETE THIS SECTION GIVING PERMISSION TO THE LICENSED PHYSICIAN TO DISCUSS AND CLARIFY A DIET ORDER WITH THE SCHOOL.**

Note to Parent(s)/Guardian(s)/Participant: As stipulated in FNS Instruction 783, Rev. 2, Section V Cooperation: "When implementing the guidelines of this instruction, food service personnel should work closely with the parent(s)/guardian(s)/participant or responsible family member(s) and with all other medical and community personnel who are responsible for the health, well-being and education of a participant with a disability that affects the diet to ensure that reasonable accommodations are made to allow the individual's participation in the meal service.

This voluntary authorization encourages such cooperation by allowing the following:

- After review of this Special Diet Statement, the school may need more information or clarification from the physician before it can provide the special diet. By signing this authorization you are permitting the school to discuss or clarify the diet order with the physician.
- Before any changes agreed to between the school and physician takes place, the parent(s)/guardian(s)/participant need to be informed.
- The changes agreed to will then be incorporated into an amended Special Diet Statement.
- If more information is needed but this authorization statement has not been signed, implementation of the special diet may be delayed.
- If authorization is signed, make a copy of this document before submitting it to the school.

This authorizes the licensed physician to discuss or clarify the diet order prescribed for \_\_\_\_\_  
Participant's Name  
with the appropriate staff of the Waunakee Community School District.

This authorization will remain in effect until the diagnosis has changed or a new diet order is prescribed.

This authorization may be revoked at any time by submitting a request in writing to the physician who originally signed the Special Diet Statement.

I understand that specific information disclosed pursuant to this authorization may be subject to re-disclosure by the school and will no longer be protected under the Health Insurance Portability and Accountability Act Of 1996 (HIPAA) Privacy Rule.

Parent/Guardian/Participant Signature: \_\_\_\_\_ Date: \_\_\_\_\_